

Video capsule endoscopy of the entire Gastrointestinal tract: process

1 day before the examination:

Small breakfast allowed, no lunch or dinner. Clear liquids (apple juice, herbal tea, clear broth without additives, etc.) are permitted at any time the day before.

At 1 p.m.: Start the intestinal cleansing with a total of 3 bags of CitraFleet® (see: Instructions for intestinal cleansing).

On the day of the examination:

Please stay sober.

Before the agreed examination date, take 10 ml of Simeticon solution (e.g. Sab Simplex or Lefax Suspension - available from us in the endoscopy department if not provided or prescribed in advance).

The video capsule will be given to you during endoscopy. The recorder is also installed there. You can then go back to the waiting area.

Please come back to the endoscopy 1 hour after taking the capsule to check the capsule location. Depending on the image quality, you may need to drink a fourth sachet of CitraFleet®. Clear liquids (apple juice, herbal tea, clear broth without additives, etc.) are now allowed again.

You can eat normally again 6 hours after taking the capsule.

8 hours after the start of the examination, you can carefully remove the belt with the sensors and the recorder. We'll help you with that. The investigation is now over. The capsule is excreted naturally and does not need to be recovered.

If you have any questions, please contact our Unique Medicine team at any time.